

The Nichols Newsletter

November 2004

Edition No. 55

“Do the Thing and You Will Get the Energy to Do the Thing” – Emerson

October Rank Advancements!

Executives:

Mary Lou Bors, Jo Anne Fisher, Ian Balfour!

Managers:

Susan Henry, Jennifer Fisher, Danice Cash!

Supervisors:

Victoria Tennyson, Ronald Neal, Ben Tito, Marsha Johnson, Ernest Cheeka, Eddie Gray!

Congratulations Rank Advancements!

Many of you have the accumulated volumes to rank advance to Manager or Supervisor. Your only requirement is to order \$100 pv in one month!

Top Ten Volumes – October

1. Ronald and Bonnie Keever
2. Billie Hatzenbuehler
3. Laurent Gaudreau
4. Shirle Sherwood
5. Danice Cash
6. Geri and Mike Caldwell
7. Eddie French
8. Karl and Signe Nichols
9. Walter (Bud) Berryman
10. Ian Balfour

Words for Thought

From Crystal Diamonds Kurt and Gail Meyer

The holiday season is here and believe it or not, this is one of the best times of the year to be working your Neways business! In the past we've had great success in December because people are in a good mood and a spending mood, so more of them will join.

Toward the end of the month, people are thinking about the New Year and the improvements to their lives they want to make. For many, that includes starting a business!

Don't let December slip by without taking advantage of it. If you take December off you will lose momentum and you want to have good momentum going into the New Year. Just keep in mind that your prospects are busy this time of the year and may require more follow-up calls so don't give up on them.

Happy Business Holidays!

A Testimonial for Neways Supplements

“On Sunday at a Total Fitness Challenge we had at our church, I was tested on a bio-scan machine made by Pharmanex (MLM company). This machine tests your level of antioxidants and nutrients from fruit and plant extracts taken in by your body. It takes information from the cellular level of your body which would have stored the nutrients for the past three months. So you would have had to taken supplements, eaten lots of fruit and vegetables for the past three to four months to even get a decent reading.

The levels for the Carotnoid Score are worst to best: 10,000-19,000 being the worst to 40,000+ being the best. **My score was 55,000!** The highest they have seen that day. They asked what my diet was and what supplements I was taking to get such a high score.

I told them about Neways and what they do and once hearing that they did not push to sell me any of their supplements. I was told that people from other MLM's often claim their supplements are the best, and then do not rank as well. They were very surprised that Neways supplements ranked this high. They asked me if I was a vegetarian. Only vegetarians rank above 40,000. I am not a vegetarian. This just goes to show you how powerful our supplements are!”

- Melody Brining, Arizona

Cancer in Rats – Not the Same Thing!?!

Have you ever heard someone say “Just because something has been found to cause cancer in rats, it doesn't mean it will do the same to humans!” Many people are under this false assumption.

According to Dr. Samuel Epstein, in his book The Breast Cancer Prevention Program, he outlines that “**Decades** of research point to the strong likelihood that chemicals that cause cancer in well-designed animal studies will also cause cancer in humans. All twenty-five chemicals now known to cause cancer in humans have also been shown to do the same in animals – and generally involving the same organs.”

Those results are good enough for me! Read Dr. Epstein's excellent book for more knowledge!

Megatonin Back On Line!

Neways' Megatonin is back on line and many of you were asking "What is Megatonin?" So, here it is . . . Megatonin is an amazing liquid spray-melatonin product which you spray in your mouth before going to bed mostly designed to help you get a good night's sleep. However, like so many of the Neways products, melatonin has been found to have many other benefits. Let's read what the experts say:

"Melatonin is a naturally occurring chemical substance present in most foods, including rice, barley, corn, and meat. Melatonin has also been shown to be produced by the pineal gland in the brain. Melatonin plays a role in supporting the biological clock's natural wake-sleep cycle.

Biological production and release of melatonin by the pineal gland are cyclical, with increased levels at night and lower levels in the day. Some studies have shown that the onset of normal sleep is characterized by a rapid rise in melatonin levels that then sharply decline and then remain at slightly elevated levels until waking. It is now believed that the initiation and overall quality of sleep is related to this natural rise and fall of melatonin.

Most people exhibit normal day and night melatonin levels until they reach their mid-20's. Melatonin levels tend to decline with age and by their mid-60's, many people exhibit significantly decreased day and night melatonin levels. This may be one of the reasons older people experience difficulty sleeping.

This connection between melatonin levels and the quality of sleep has contributed to the interest in melatonin as a natural sleeping aid. Melatonin may also benefit travelers crossing time zones and shift workers experiencing disrupted sleep patterns.

Research seems to indicate that melatonin may offer other benefits besides improving sleep. Melatonin is also being evaluated as a replacement for estrogen in birth control pills. Melatonin has also been shown to have powerful antioxidant properties. The ability of antioxidants to control free-radical damage has been linked to support the delaying of the aging process.

Melatonin's antioxidant properties are reported to be more potent than those of vitamins C and E. Much of the current literature suggests that melatonin be taken as a nutritional supplement, rather than a daily vitamin. In the United States

melatonin is regarded as a dietary supplement and is marketed according to guidelines in the Dietary Supplement Health and Education Act of 1994."

-Above information from the Health Care Practitioner's Guide

"Other nonhuman laboratory studies have shown that supplemental melatonin can inhibit cancer growth, help modulate the immune system, and protect against degenerative diseases."

-Prescription for Nutritional Healing

For more reading on how this amazing supplement works, go to www.wealthpartners.net click on Resources, Technical Information Packs and you will find more third party articles and information on melatonin.

My Favorite Product

"My testimony is about the Wrinkle Garde. It is my must product. I have used quality moisturizers since I was a teenager. I have very dry skin. Since I started using Neways products (and in particular the Wrinkle Garde) I have had comments from many people about my skin quality. In fact, at the recent Billy Graham Crusade, the man behind me mentioned how much he enjoyed watching 'our girls' and family during the Crusade. I was sitting next to my great niece and her father (my nephew) who is 13 years younger than me. I said, "Did he think I was your mother?!" Sean my nephew said, "No, he thought you were my wife!" I said, that's okay then, I'll take that one! That was a morale booster for a 49 year old! I went home and put on an extra layer of Wrinkle Garde!"

-Vicki Channell, Kansas

Upcoming Product Talk Calls

You're all welcome to join us every Saturday at 9:00 a.m. Pacific Time for Product Talk.

Dial (620)584-8200, pin #9649

Upcoming Calls:

Fitness Line – 12/4

Cleaning Products – 12/11

Nutritionals – 12/18

No Call (Christmas Day) – 12/25

Join us live every Saturday morning and let us know if you have something to share!

How To Contact Karl and Signe

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Success can be yours at

www.wealthbuildingkit.com